

CAMPAIGN PROGRAMS

Athletic and Performing Arts Center, Lower Campus

The building of an Athletic and Performing Arts Center on the Lower Campus will enhance our athletic and performing arts programs for both campuses.

The multi-purpose building will include a first-class gymnasium. Children learn a great deal about themselves through movement and physical education. They develop lifelong skills that encourage exercise and good nutrition. As they grow, they take part in developmentally appropriate cooperative and competitive sports. They learn the value of teamwork, hard work, and healthy competition.

Studies have shown a close relationship between physical education and academic achievement. In young people, organization of thought, motor planning, and handwriting are positively impacted by regular physical activity. In an era when childhood obesity is approaching epidemic proportions, participation in physical education can promote healthy life choices and instill a pattern of responsible behavior.

With suitable facilities and programs, children have the opportunity to practice important life skills in a way that contrasts and complements the classroom experience. Indoor athletic areas provide a necessary facility for a variety of athletic activities that cannot be pursued on a field, while providing protection from heat and rain in South Florida's subtropical climate.

Palm Beach Day Academy's Athletic and Performing Arts Center will ensure that physical education plays a significant role in each child's development.

Because music, dance, and drama are an important part of a complete education, the facility will also include a state-of-the-art performance stage. We want our children to learn about and appreciate the arts. We know that children want and need to play a part in the creative process, and develop their talents as active participants in performances.



Analytical studies and classroom experience show that an active performing arts program can build confidence and develop speaking and listening skills in young children. In fact, evidence suggests that using drama and music as a developmental tool in the early years increases a child's ability to focus and learn. A performing arts program can encourage positive group interaction and increase children's self-awareness while teaching them how to listen and respond appropriately.

The Athletic and Performing Arts Center will be a multi-use building that will encourage appreciation of, and participation in, the performing arts, while providing space for athletic and fitness activities indoors.



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GREAT
EXPECTATIONS